



Thursday 11<sup>th</sup> May  
@ Gosforth Marriot  
Newcastle  
Only £20 per person



#GPReimagined  
@RCGPFIRST5NE



**Prof Helen Stokes-Lampard**



@HelenStokesLam

**Chair of the Royal College of General Practitioners**

The RCGP represents over 52,000 family doctors across the UK. The Chair shapes policy and leads the strategy of the College, working with politicians, policy makers and the media to ensure that the 'voice' of general practice and GPs is understood and represented. She is a part-time GP partner in Staffordshire. Throughout her career she has had involvement in education and supporting doctors in difficulties. She is naturally enthusiastic and dynamic with a sense of humour and plenty of pragmatism.



**Dr Robert Varnam**



@RobertVarnam

**Head of General Practice Development in NHS England**

As a contributor to the development of national plans in the NHS to lead primary care into the future, Robert advises on policy and strategy relating to general practice and large scale change methodologies. Robert designs and leads programmes of provider development and evaluation for service innovation in primary care alongside his job as a GP in Manchester.



**Dr Zoe Norris**



@Dr\_Zo

**Grassroots GP Blogger and Writer**

Dr Zoe Norris has over 10 years experience working in the NHS. She is a GP in England and along with the many other NHS doctors, nurses, midwives, and other staff who keep the health service running, tries to do the best for her patients. Through her writing and blogs She wants to give a voice to those staff - and patients - who work for and use the NHS daily, and who face the reality of the challenges of the current health service.



**Dr Mike Smith**



@drmdsmith

**Havistock Healthcare CEO**

Mike is a GP in North London with unique experience in strategy, pathway redesign, collaborative working and meeting both the unscheduled and scheduled needs of patients. Passionate about General Practice and protecting the interests of the patients in healthcare, he is also the Director of Clinical Pathway Redesign at the Royal Free London Hospital. He has spoken nationally and internationally on General Practice, Disruptive innovation, GP Federations and many more topics.

# Programme Thursday 11<sup>th</sup> May 2017

	Topic	Speaker
08.30	Registration and Breakfast	
09.00	<b>Welcome &amp; Introduction</b>	<b>RCGP North East Faculty</b>
09.10	<b>The Future of General Practice: From Rhetoric to Reality</b> <i>“An inspiring recount of national transformation in General Practice”</i>	<b>Dr Robert Varnam</b>
09.40	<b>Me? I’m Just a GP</b> <i>“Zoe is keen to remind us of the fantastic job that we have as GPs and celebrate the fact that on a daily basis we make a big difference to so many patients’ lives.”</i>	<b>Dr Zoe Norris</b>
10.10	<b>Type1Kidz</b> <i>“A local initiative to engage children with Type 1 diabetes in the North East empowering young people with diabetes and encouraging self care.”</i>	<b>Chloe Brown</b> <b>Investors in Children</b>
10.40	Break	
11.00	<b>Disruptive Innovation: The Scaling of General Practice</b> <i>“Learning from the examples of Haverstock Healthcare, the Camden GP Federation, the Chief Executive will share his experiences and insight”</i>	<b>Dr Mike Smith</b>
11.30	<b>Workshops</b>	See Below
12.30	Lunch and Networking	
13.30	<b>Workshops</b>	See Below
14.30	Break	
15.00	<b>RCGP Chair Address</b> <i>“The Chair shapes policy and leads the strategy of the College, working with politicians, policy makers and the media to ensure that the ‘voice’ of general practice and GPs is understood and represented. Delegates will have the opportunity to submit questions to be addressed during the session.”</i>	<b>Prof Helen Stokes-Lampard</b>
1600	Close	

Morning Workshops	Afternoon Workshops
<p><b>Small Changes make a Big Difference</b></p> <p>“A showcase of practical examples of how local practices have made small changes in the way they work to have a big impact on workload and quality of patient care. From document handling and social prescribing, we aim to get you thinking about achievable ways to help transform your practice.”</p>	<p><b>Practising Resiliently! – Zoe Norris</b></p> <p>“Making a career in general practice sustainable is sometimes hard, but it is entirely possible with positive resilience skills. This session will highlight the importance of practising resiliently, both personally and professionally. We will discuss case studies to give you practical take home ideas and reduce your risk of burnout.”</p>
<p><b>What has the GPFV ever done for us?</b></p> <p>“An opportunity for frank discussions with those involved in the implementation of the Five Year Forward View in England.”</p>	<p><b>Workforce Reimagined....</b></p> <p>“We are all feeling the pressure of workload in Primary Care. In this session we will consider how to effectively work alongside allied health professionals to go beyond supporting GPs and improving quality of care for patients in the community.”</p>
<p><b>Behavioural Insights for GPs – Dr Saul Miller</b></p> <p>“We all regularly make mistakes in our thinking and this has significant effects on our behaviour. Yet we also often fail to notice these errors, either in ourselves or others. This session will share some of the key insights relevant to GPs with the goal of giving some fresh inspiration to possibly jaded consultants.”</p>	<p><b>Honest Lessons Learned from Federations</b></p> <p>“A selection of federations from our region frankly and openly discuss their challenges, share their successes and how they plan to move forward in the future.”</p>

This is an RCGP funded event to spread positivity in General Practice. The event is open to GPs, trainees and **any staff** working in Primary Care looking to **celebrate innovation and share good practice** to improve quality of care.

To secure your place for **just £20 per person**, register via the RCGP website <https://goo.gl/e4HPPh> or scan the QR code

Any queries or sponsorship opportunities contact  
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